

7-LAYER TACO DIP

2 Chopped Tomatoes
Guacamole (see Sauces)
4 Green Onions, Chopped
8 oz. Daisy Light Sour Cream
4 C Finely Chopped Romaine Lettuce
1 T All-Natural Taco Seasoning
8 oz. Low-Fat Grated Colby-Jack Cheese
1 can Amy's Mild Refried Beans with Green Chilis

Spread refried beans over bottom of 9 x 13 baking dish. Spread layer of guacamole over beans. Mix taco seasoning into sour cream. Spread sour cream mix over guacamole (double the sour cream mix if desired). Sprinkle cheese over sour cream. Sprinkle lettuce, tomatoes, and green onions over cheese. Serve with tortilla chips or Sun Chips.