COUNTRY CHICKEN BOWLS

1 lb. Corn

1 Onion, Chopped Country Chicken Gravy (see Sauces) Organic Mashed Potato Packet, 8 servings 8 oz. Low-Fat Grated Cheddar Cheese (optional) 1 Rotisserie Chicken, Shredded (Costco sells shredded rotisserie chicken)

Make potatoes according to package directions. Saute onion until caramelized. Spoon potatoes in individual bowls and cover with chicken & gravy. Top with corn, cheese, and onions.